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- Are at risk for getting diabetes?
- Have prediabetes?
- Have borderline diabetes?
- Have high blood sugar or glucose?
- Had gestational diabetes?

You may be at risk for type 2 diabetes, but you can do something about it.

**Join the
Diabetes Prevention
Program TODAY!**

**Registration
Required**



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Groups meet for 16 weekly sessions with a trained Lifestyle Coach.

Day and Evening Classes Available

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To Register:
(410) 535-5400 Ext. 459
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